

KNZB Zwemcompetitie dl 2 2024-2025
Wageningen, 11-1-2025

Programmanr. 3
11-01-2025 - 16:22

Heren, 400m wisselslag

Senioren Open
Resultaten

rang	naam	vereniging	intijd	tijd	RT
1.	Bram van Norel	RZC	4:59.04	200301133	5:02.43
	50m: 31.07	31.07	150m:	250m:	350m:
	100m: 1:09.10	38.03	200m:	300m:	400m: 5:02.43
2.	Jochem Lemmens	SG Wijchen-Gelenberg	5:10.55	200601923	5:07.04
	50m: 30.77	30.77	150m:	250m:	350m:
	100m: 1:07.84	37.07	200m:	300m:	400m: 5:07.04
3.	Jeroen Louwinger	De Rijn	5:16.26	199900583	5:15.26
	50m: 33.61	33.61	150m:	250m:	350m:
	100m: 1:11.46	37.85	200m:	300m:	400m: 5:15.26
4.	Roel van der Kruijs	SG Wijchen-Gelenberg	NT	198501491	5:23.79
	50m: 32.42	32.42	150m:	250m:	350m:
	100m: 1:10.02	37.60	200m:	300m:	400m: 5:23.79
5.	Kjetil van Gasteren	Olympia	5:38.91	200600405	5:31.65
	50m: 31.76	31.76	150m:	250m:	350m:
	100m: 1:10.96	39.20	200m:	300m:	400m: 5:31.65
6.	Jack Beaujon	Olympia	5:20.55	200304251	5:34.08
	50m: 30.59	30.59	150m:	250m:	350m:
	100m: 1:06.96	36.37	200m:	300m:	400m: 5:34.08
7.	Cassian Janssen	RZC	5:38.17	200500331	5:37.45
	50m: 32.90	32.90	150m:	250m:	350m:
	100m: 1:10.28	37.38	200m:	300m:	400m: 5:37.45
8.	Bart Maas	SG Wijchen-Gelenberg	5:11.42	199901777	5:39.27
	50m: 30.79	30.79	150m:	250m:	350m:
	100m: 1:09.16	38.37	200m:	300m:	400m: 5:39.27
9.	Bas van Middelkoop	RZC	6:08.52	200600363	6:05.48
	50m: 35.28	35.28	150m:	250m:	350m:
	100m: 1:18.83	43.55	200m:	300m:	400m: 6:05.48
10.	Rick van Nieuwenhuizen	De Rijn	6:40.20	199002097	6:30.81
	50m: 40.16	40.16	150m:	250m:	350m:
	100m: 1:30.07	49.91	200m:	300m:	400m: 6:30.81